WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION



FINAL PLACES COMBINED SCORE SHEET (AMATEUR)



18th South East Asian Bodybuilding and Physique Sports Championship 16 - 20 May 2024 @ Vientiane, Lao PDR

| No. | Competitors | Country | Round 1 | Round 2 | Total | Place | | |
|-----|---------------------------|----------|---------|---------|-------|-------|--|--|
| | | | | | | | | |
| | Men's Bodybuilding 55 kg | | | | | | | |
| 5 | Inkone Sivilay | Lao | 7 | 7 | 14 | 1st | | |
| 2 | Le Ngoc Thai | Vietnam | 8 | 8 | 16 | 2nd | | |
| 1 | Mohd Hamiruddin Bin Haron | Malaysia | 15 | 15 | 30 | 3rd | | |
| 3 | Phoumee Savantdysay | Lao | 20 | 20 | 40 | 4th | | |

| | Men's Bodybuilding 60 kg | | | | | | |
|----|--------------------------|---------|----|----|----|-----|--|
| 8 | Le Hong Phong | Vietnam | 5 | 5 | 10 | 1st | |
| 6 | Pham Van Hung | Vietnam | 10 | 10 | 20 | 2nd | |
| 10 | Alounmai Sisoulath | Lao | 17 | 16 | 33 | 3rd | |
| 7 | Tun Min Naing | Myanmar | 18 | 18 | 36 | 4th | |

| | Men's Bodybuilding 65 kg | | | | | | |
|----|--------------------------|----------|----|----|----|-----|--|
| 12 | Joseph Anak Ladi | Malaysia | 10 | 9 | 19 | 1st | |
| 14 | Mung Ban Aung | Myanmar | 11 | 10 | 21 | 2nd | |
| 15 | Nguyen Viet Phu | Vietnam | 14 | 12 | 26 | 3rd | |
| 11 | Tran Thanh Liem | Vietnam | 16 | 18 | 34 | 4th | |
| 16 | Touy Xayyalath | Lao | 24 | 25 | 49 | 5th | |

| | Men's Bodybuilding 70 kg | | | | | | | |
|----|--------------------------|-----------|----|----|----|-----|--|--|
| 26 | Khamling Chalern | Lao | 5 | 8 | 13 | 1st | | |
| 21 | Phan Huynh Duc | Vietnam | 10 | 8 | 18 | 2nd | | |
| 23 | Phoutsavan Sisomphou | Lao | 15 | 13 | 28 | 3rd | | |
| 22 | Naing Min Thein | Myanmar | 20 | 20 | 40 | 4th | | |
| 20 | Amin Rasuad Bin Sidek | Malaysia | 25 | 25 | 50 | 5th | | |
| 19 | Rahmat Ambriadi | Indonesia | 30 | | 30 | 6th | | |
| 18 | Zulkarnain Aji Bin Ahad | Brunei | 34 | | 34 | 7th | | |

| | Men's Bodybuilding 75 kg | | | | | | |
|----|-----------------------------|-----------|----|----|----|-----|--|
| 31 | Nguyen Trong Khanh | Vietnam | 6 | 14 | 20 | 1st | |
| 25 | K' Tuyen | Vietnam | 11 | 12 | 23 | 2nd | |
| 29 | Awang Mohd Azizul Bin Ghani | Malaysia | 13 | 11 | 24 | 3rd | |
| 27 | Aung Min Oo | Myanmar | 20 | 14 | 34 | 4th | |
| 28 | Muhamad Nur | Indonesia | 25 | 25 | 50 | 5th | |

| | Men's Bodybuilding over 75 kg | | | | | | |
|----|-------------------------------|-----------|----|----|----|-----|--|
| 35 | Thanakrit Prachantasen | Thailand | 9 | 7 | 16 | 1st | |
| 34 | Nguyen Van Quang | Vietnam | 7 | 15 | 22 | 2nd | |
| 36 | Nguyen Minh My | Vietnam | 16 | 8 | 24 | 3rd | |
| 39 | Akbar Nur Asmi | Indonesia | 20 | 20 | 40 | 4th | |
| 37 | Mohammad Isham Bin Fazi | Malaysia | 26 | 25 | 51 | 5th | |

| 40 Myo Naing Tun | Myanmar | 28 | 28 6th |
|---------------------|----------|----|--------|
| 38 Nazri Bin Pulong | Malaysia | 35 | 35 7th |

| Men's Master Bodybuilding 50-60 yrs Open Category | | | | | | | |
|---|---------------------|---------|----|----|----|-----|--|
| 34 | Nguyen Van Quang | Vietnam | 5 | 5 | 10 | 1st | |
| 42 | Ping Latvong | Lao | 10 | 10 | 20 | 2nd | |
| 3 | Phoumee Savantdysay | Lao | 15 | 15 | 30 | 3rd | |

| | Men's Fitness Physique Open Category | | | | | | |
|----|--------------------------------------|----------|----|----|----|-----|--|
| 54 | Ta Phuc Nhat Tan | Vietnam | 5 | 9 | 14 | 1st | |
| 46 | Khamlar Samavong | Lao | 12 | 12 | 24 | 2nd | |
| 49 | Chau Nguyen Kha | Vietnam | 14 | 11 | 25 | 3rd | |
| 56 | Nora Chhing | Cambodia | 20 | 19 | 39 | 4th | |
| 95 | Siphak Khamkhueang | Lao | 25 | 25 | 50 | 5th | |

| Women's Athletic Physique Open Category | | | | | | |
|---|----------|----|----|----|-----|--|
| 101 Thare War | Myanmar | 8 | 5 | 13 | 1st | |
| 100 Tran Thi Thanh Tam | Vietnam | 10 | 10 | 20 | 2nd | |
| 92 Sommany Phanousith | Lao | 15 | 17 | 32 | 3rd | |
| 98 Siti Hadjar Binti Mansor Awang Hit | Malaysia | 16 | 18 | 34 | 4th | |

| | Men's Athletic Physique up to 160 cm | | | | | | |
|----|--------------------------------------|----------|----|----|----|-----|--|
| 49 | Chau Nguyen Kha | Vietnam | 9 | 5 | 14 | 1st | |
| 56 | Nora Chhing | Cambodia | 9 | 11 | 20 | 2nd | |
| 46 | Khamlar Samavong | Lao | 14 | 14 | 28 | 3rd | |
| 47 | Sinxay Phommavorlachuk | Lao | 19 | 19 | 38 | 4th | |

| | Men's Athletic Physique up to 167 cm | | | | | | | |
|----|--------------------------------------|----------|----|----|----|-----|--|--|
| 54 | Ta Phuc Nhat Tan | Vietnam | 7 | 9 | 16 | 1st | | |
| 52 | Le Van Viet | Vietnam | 9 | 8 | 17 | 2nd | | |
| 55 | Aoui Siviseth | Lao | 18 | 13 | 31 | 3rd | | |
| 51 | Chheng Chankakada | Cambodia | 21 | 22 | 43 | 4th | | |
| 53 | Aflisahyir Bin Ali | Malaysia | 22 | 23 | 45 | 5th | | |
| 50 | Suhaimi Bin Samsuri | Malaysia | 29 | | 29 | 6th | | |

| | Men's Athletic Physique up to 175 cm | | | | | | | | |
|----|--------------------------------------|-----------|----|----|----|-----|--|--|--|
| 58 | Ko Ko Kyaw Phyo | Myanmar | 9 | 9 | 18 | 1st | | | |
| 66 | Pham Van Lap | Vietnam | 11 | 10 | 21 | 2nd | | | |
| 62 | Khaophone Phonepaseuth | Lao | 14 | 15 | 29 | 3rd | | | |
| 64 | Mohammad Zulkarnine Bin Haji Al | Brunei | 18 | 24 | 42 | 4th | | | |
| 59 | Daovang Lounglalin | Lao | 30 | 19 | 49 | 5th | | | |
| 57 | Asrul Bin Asmat Safri | Malaysia | 32 | | 32 | 6th | | | |
| 60 | Afzainizam Bin Berahim | Singapore | 35 | | 35 | 7th | | | |
| 63 | Saiyasith Sengmany | Lao | 37 | | 37 | 8th | | | |
| 61 | Chantha Chim | Camdobia | 42 | | 42 | 9th | | | |

| Men's Athletic Physique over 175 cm | | | | | | |
|-------------------------------------|-----|----|----|----|-----|--|
| 69 Le Vinh Kha Vietnam 5 5 10 1st | | | | | | |
| 68 Sonephuang Khamvongseng | Lao | 10 | 10 | 20 | 2nd | |

Men's Sports Physique up to 165 cm

| 74 | Keota Phaphilomlasak | Lao | 8 | 8 | 16 | 1st |
|----|----------------------------|----------|----|----|----|-----|
| 72 | Mohd Faizal Bin Mat Rashid | Malaysia | 11 | 7 | 18 | 2nd |
| 71 | Souliya Saiyaphone | Lao | 12 | 15 | 27 | 3rd |
| 73 | Vo Loc Thien | Vietnam | 20 | 20 | 40 | 4th |

| | Men's Sports Physique up to 170 cm | | | | | | | | |
|----|------------------------------------|-----------|----|----|----|-----|--|--|--|
| 78 | Than Htike Oo | Myanmar | 7 | 5 | 12 | 1st | | | |
| 80 | Nantapong Mukdara | Thailand | 12 | 12 | 24 | 2nd | | | |
| 76 | Sinpaseuth Vongphanh | Lao | 17 | 16 | 33 | 3rd | | | |
| 79 | Indra Kurnia Santasa Wijaya | Singapore | 21 | 20 | 41 | 4th | | | |
| 75 | Inthava Sisouvong | Lao | 22 | 22 | 44 | 5th | | | |
| 77 | Vixay Moonnasing | Lao | 30 | | 30 | 6th | | | |
| 81 | Chhiya Khan | Cambodia | 35 | | 35 | 7th | | | |

| | Men's Sports Physique up to 175 cm | | | | | | | |
|----|------------------------------------|-----------|----|----|----|-----|--|--|
| 85 | Kittisak Buradam | Thailand | 10 | 5 | 15 | 1st | | |
| 83 | Hariyanto Slamet | Indonesia | 9 | 13 | 22 | 2nd | | |
| 86 | Santisouk Douangkeomany | Lao | 14 | 17 | 31 | 3rd | | |
| 82 | Bounthai Deangsavath | Lao | 17 | 15 | 32 | 4th | | |

| 87 | Rachasap Jaroensap | Thailand | 5 | 5 | 10 | 1st |
|----|------------------------|----------|----|----|----|-----|
| 88 | Reach Srin | Cambodia | 14 | 14 | 28 | 2nd |
| 90 | Sengpaserd Xayasing | Lao | 15 | 14 | 29 | 3rd |
| 91 | Sengaphone Souriyamath | Lao | 16 | 16 | 32 | 4th |
| 89 | Lattanavong Boutdy | Lao | 25 | 25 | 50 | 5th |

| | Women's Model Physique up to 155 cm | | | | | | | |
|-----|-------------------------------------|----------|----|----|----|-----|--|--|
| 103 | Yuphaphon Suepsuan | Thailand | 8 | 6 | 14 | 1st | | |
| 94 | Phetsala Vannasan | Lao | 9 | 11 | 20 | 2nd | | |
| 93 | Vonmany Sayasane | Lao | 13 | 13 | 26 | 3rd | | |
| 116 | Kiengkham Meunduang | Lao | 19 | 19 | 38 | 4th | | |

| 109 | Chiranan Suran | Model Physique up to Thailand | 5 | 5 | 10 | 1st |
|-----|----------------------|----------------------------------|----|----|----|-----|
| 106 | Khin Nilar Soe | Myanmar | 10 | 10 | 20 | 2nd |
| 105 | Nguyen Pham Ha Thanh | Vietnam | 15 | 15 | 30 | 3rd |
| 97 | Duangchan Senkham | Lao | 20 | 20 | 40 | 4th |
| 96 | Seeta Thongsouline | Lao | 25 | 25 | 50 | 5th |

| | Women's Model Physique up to 165 cm | | | | | | |
|-----|-------------------------------------|-----------|----|----|----|-----|--|
| 104 | Chintana Khambounheung | Lao | 5 | 6 | 11 | 1st | |
| 107 | Sheena Hung Xiang - Shi | Singapore | 12 | 12 | 24 | 2nd | |
| 108 | Tu Ngoc Quynh | Vietnam | 13 | 13 | 26 | 3rd | |
| 110 | Tan Hui Tze | Malaysia | 20 | 20 | 40 | 4th | |

| Women's Model Physique over 165 cm | | | | | | |
|------------------------------------|---------|----|----|----|-----|--|
| 102 Ha Thi Thanh Trang | Vietnam | 9 | 9 | 18 | 1st | |
| 111 Zu Zu Thant | Myanmar | 10 | 10 | 20 | 2nd | |
| 112 Tran Thi Ngan Ha | Vietnam | 11 | 11 | 22 | 3rd | |
| 115 Phonevilai Songbandith | Lao | 19 | 20 | 39 | 4th | |

| | Women's Ladies Model Physique over 35 yrs | | | | | | | | |
|-----|---|----------|----|----|----|-----|--|--|--|
| 104 | Chintana Khambounheung | Lao | 9 | 8 | 17 | 1st | | | |
| 103 | Yuphaphon Suepsuan | Thailand | 12 | 12 | 24 | 2nd | | | |
| 96 | Seeta Thongsouline | Lao | 16 | 15 | 31 | 3rd | | | |
| 108 | Tu Ngoc Quynh | Vietnam | 18 | 18 | 36 | 4th | | | |
| 93 | Vonmany Sayasane | Lao | 23 | 22 | 45 | 5th | | | |
| 115 | Phonevilai Songbandith | Lao | 31 | | 31 | 6th | | | |
| 116 | Kiengkham Meunduang | Lao | 32 | | 32 | 7th | | | |
| 110 | Tan Hui Tze | Malaysia | 40 | | 40 | 8th | | | |

| | | Mixed Pairs | | | | |
|-----|-------------------------|-------------|----|----|----|-----|
| 119 | Chau Nguyen Kha | Vietnam | 7 | 5 | 12 | 1st |
| | Tran Thi Thanh Tam | | | | | |
| 114 | Ta Phuc Nhat Tan | Vietnam | 9 | 11 | 20 | 2nd |
| | Tran Thi Ngan Ha | | | | | |
| 113 | Khamlar Samavong | Lao | 17 | 17 | 34 | 3rd |
| | Phetsala Vannasan | | | | | |
| 118 | Thare War | Myanmar | 19 | 19 | 38 | 4th |
| | Mung Ban Aung | | | | | |
| 99 | Touy Xayyalath | Lao | 25 | 23 | 48 | 5th |
| | Sommany Phanousith | | | | | |
| 117 | Awang Mohd Bin Ghani | Malaysia | 29 | | 29 | 6th |
| | Siti Hadjar Awang Hitam | | | | | |
| 120 | Tan Hui Tze | Malaysia | 35 | | 35 | 7th |
| | Aflisahyir Bin Ali | | | | | |

Signed Chairman Judges Committee

Numin

Signed Secretary Judges Committee

WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION



FINAL PLACES COMBINED SCORE SHEET (AMATEUR)

18th South East Asian Bodybuilding and Physique Sports Championship 16 - 20 May 2024 @ Vientiane, Lao PDR



WOMEN'S TESAM CHAMPIONSHIP

| PLACE | COUNTRY | SCORE |
|-------|----------|-------|
| 1ST | LAOS | 198 |
| 2ND | VIETNAM | 173 |
| 3RD | THAILAND | 145 |

Signed Chairman Judges Committee

Signed Secretary Judges Committee

Munium

MEN'S TESAM CHAMPIONSHIP

| PLACE | COUNTRY | SCORE |
|-------|----------|-------|
| 1ST | VIETNAM | 683 |
| 2ND | LAOS | 413 |
| 3RD | THAILAND | 205 |

Munium

Signed Chairman Judges Committee

Signed Secretary Judges Committee

OVERALL CHAMPIONSHIP

| NO | COMPETITOR | COUNTRY |
|----|------------------------|----------|
| 35 | Thanakrit Prachantasen | Thailand |

Numin

Signed Chairman Judges Committee

Signed Secretary Judges Committee